

TUBAL STERILIZATION

Tubal sterilization or “having your tubes tied” is a procedure where the fallopian tubes are blocked surgically. The fallopian tubes are attached to the uterus and transport the egg from the ovary to the uterus. The sperm travel into the uterus and the fallopian tubes where they meet the egg. When this is blocked, the sperm are not able to reach the egg, and fertilization cannot take place.

This procedure is permanent and can only be reversed with special surgery to reconnect your tubes. This reconnection process does not always work and is difficult to do. Tubal Sterilization should be thought of as *permanent and non-reversible*.

This procedure can be done in the hospital, or a same-day surgery center, or office (in selected cases). It can be done after you have a baby, at the same time as a cesarean delivery. If it does not follow the birth of your baby, it can be done through a laparoscope, and you may be able to go home the same day.

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